

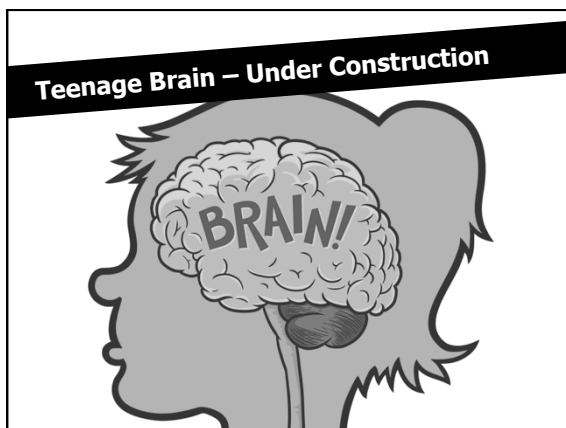


"Our youth now love luxury. They have bad manners, contempt for authority; they show disrespect for their elders and love chatter in place of exercise; they no longer rise when elders enter the room; they contradict their parents, chatter before company; gobble up their food and tyrannize their teachers."

**Who Said This + When?**

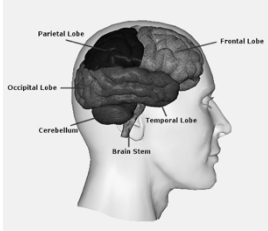
"The young people of today think of nothing but themselves. They have no reverence for parents or old age. They are impatient of all restraint. They talk as if they alone knew everything and what passes for wisdom with us is foolishness with them. As for girls, they are forward, immodest and unwomanly in speech, behaviour and dress."

**Who Said This + When?**



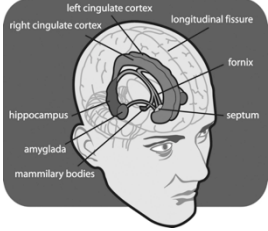
- Order Of Brain Development**
1. Basic Life Sustaining Functions
  2. Emotional Control Centres
  3. Cognitive Control Centres

### Brain Stem + Cerebellum



- Blood Pressure
- Heart Rate
- Body Temperature
- Movement
- Motor Skills
- Sleep

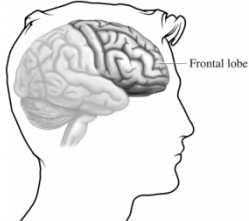
### Limbic System



- Emotional System
- Long-term memory
- Sensory Perception
- Hormone Secretion
- Motor Function

### Frontal Lobe / Pre-Frontal Cortex

Last part of the brain to come online



- Decision Making
- Planning Ahead
- Impulse Control
- Reasoning
- Logic
- Risk Assessment

Increased Risk Taking  
 Greater Emotional Reactivity  
 Forgetful  
 Disorganised  
 Poor Decision Making  
 Short Attention Span  
 Failure to Follow Through

***“Turbo charged car  
 with an unlicensed driver”***

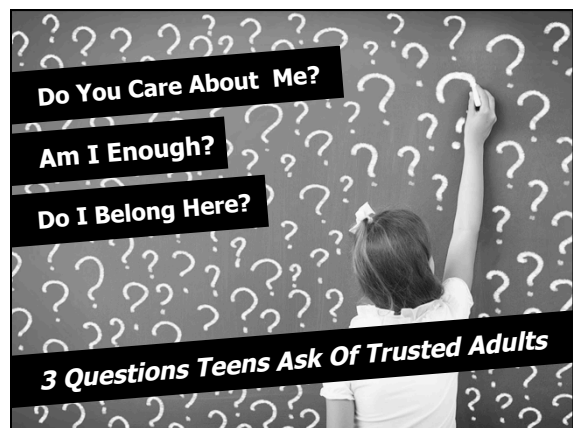
### Teen Challenges

- More likely to think of the **short term rewards** outweighing the potential risk.
- Not good at assessing the **negative outcomes**.
- Increased excitement for **new experiences and new stimuli**.

### Risk OR Reward In Teens

- Punishment has **less** of a behavioural impact.
- Focus on **rewards** for positive behaviour.
- **Smaller** and more **immediate** vs Larger and more distant rewards.
- **Peer reward/recognition** have huge impact.

### Risk V Reward In Teens





*“Everyone Is Right Now  
Doing The Best They Can  
With The Resources They Have  
Available To Them”*

**1. Acceptance Without Judgement**

*“The EFFECTIVENESS of my  
communication is  
100% in the  
RESPONSE I get.”*

**2. Effective Communication**

*Young people are not their behaviours.*

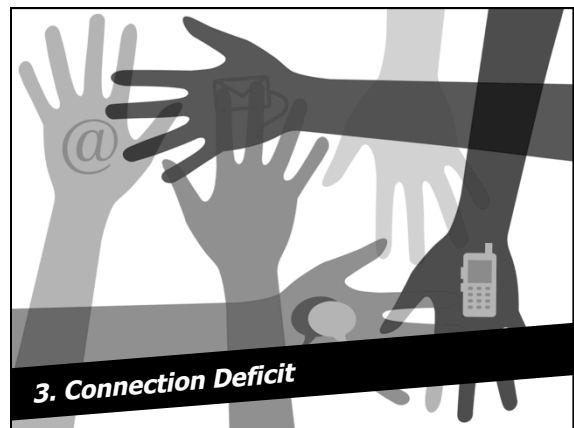
*They are not a problem to be solved,  
Or an issue to be fixed,  
But they are human beings who are unique,  
valuable and on a journey of discovering who  
they are, where they fit and what they have  
to offer.*

**3. Champion Potential With Realistic Optimism**

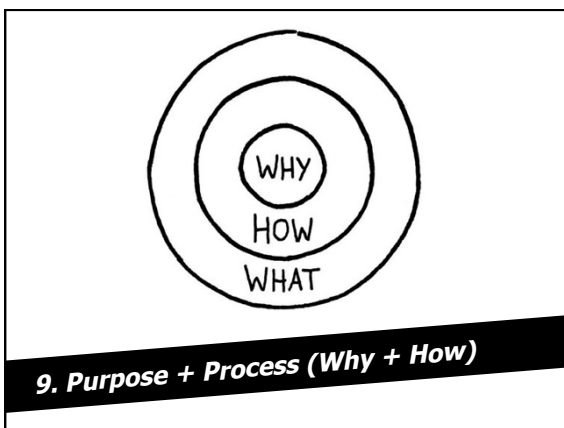
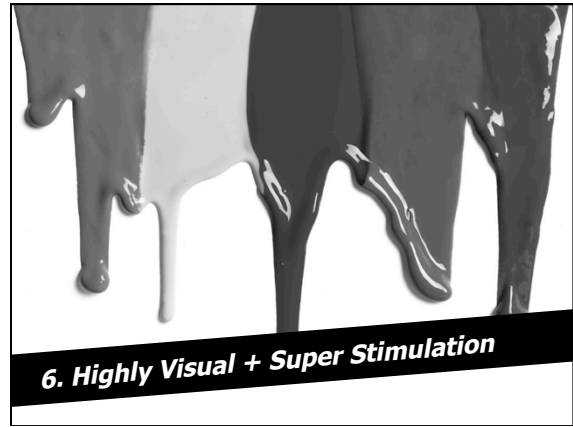
Ownership	Results +
Accountability	
Responsibility	
<hr/>	
Blame	Reasons —
Excuses	
Denial	

**4. Focus On What You Can Control**









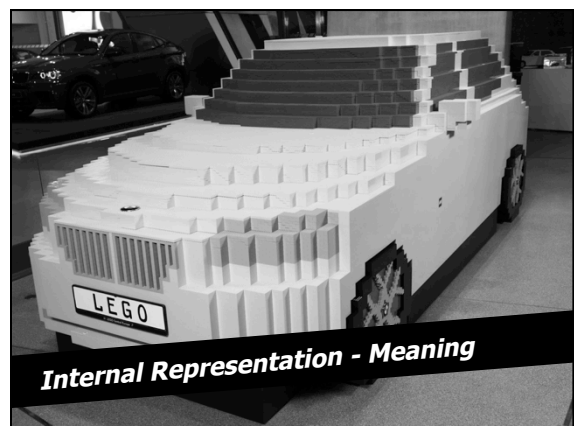
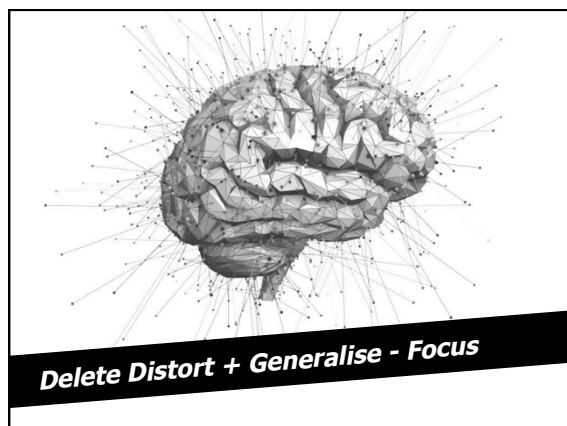


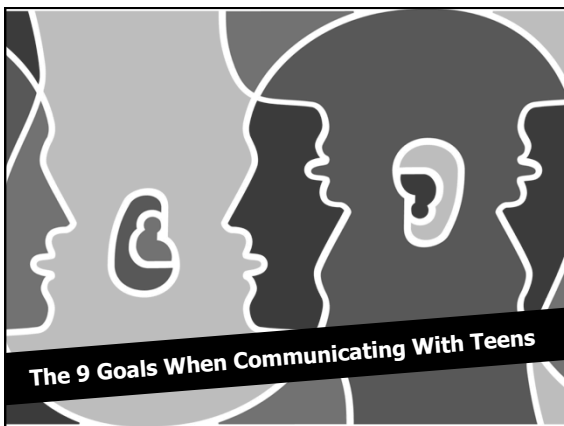
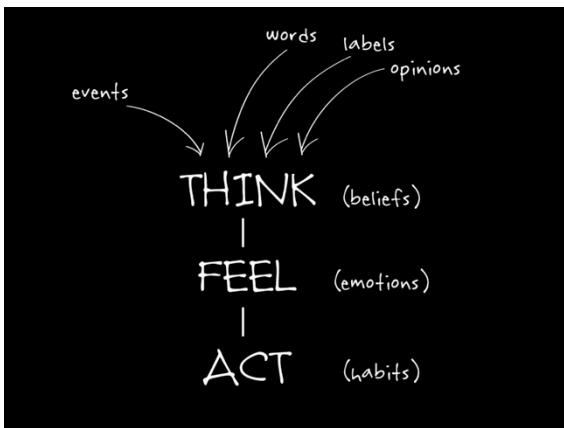
### Generation Z – Born 1995 to 2009

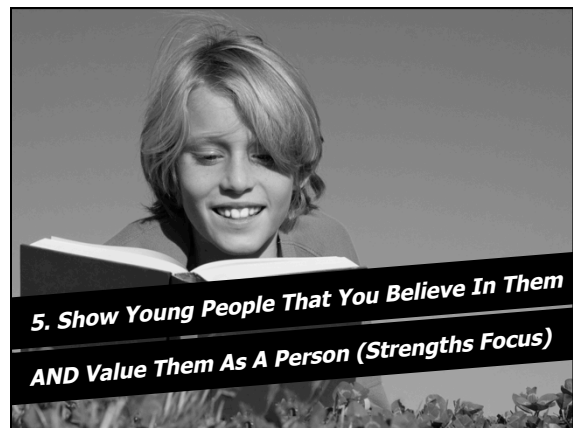
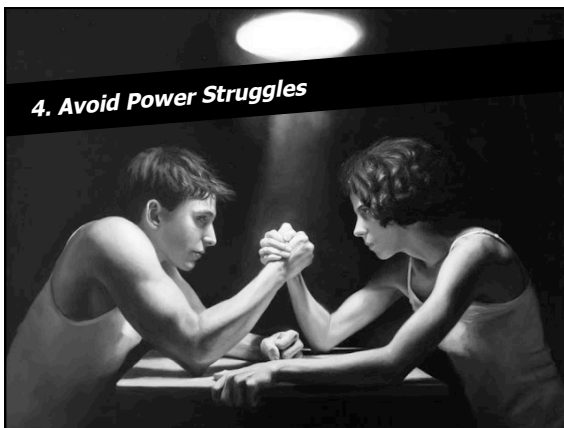
They are the most materially endowed, technologically saturated, globally connected, formally educated generation ever.

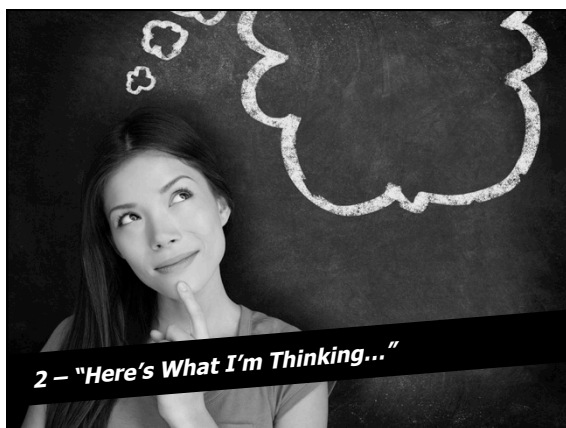
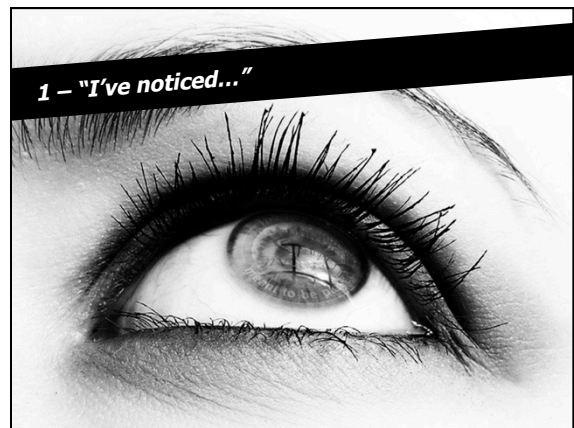
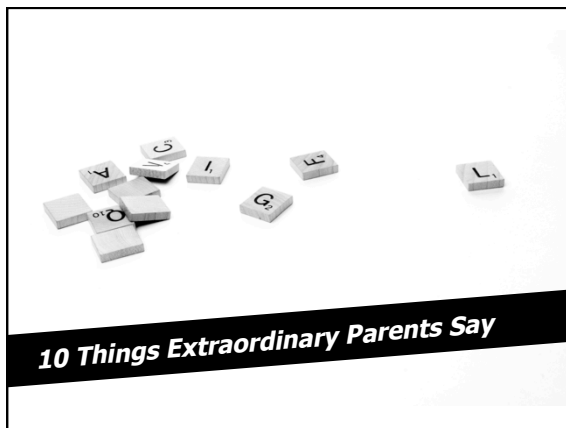
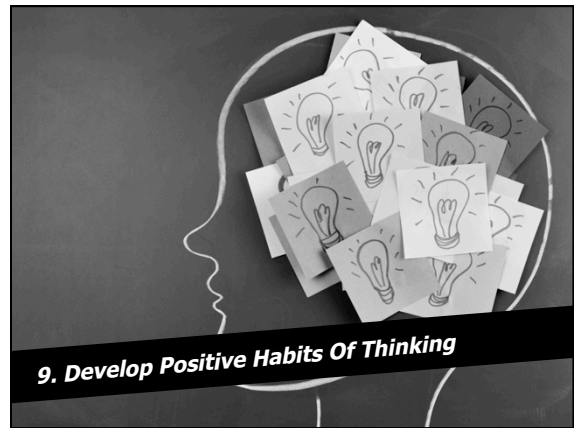
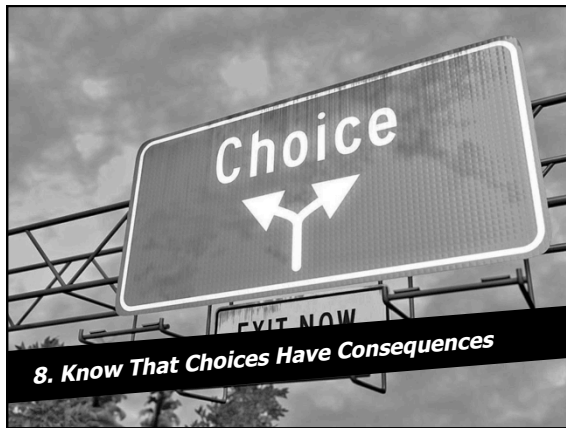


- Visual
- Experiential - Try and See for myself
- Learn through facilitated learning, not telling
- Want to be consulted and engaged
- Process oriented (How does it work?)
- Driven by purpose (Why?)
- Open book world, vast access to all information
  - Will research things for themselves
  - Make up their own mind
  - Experience before they accept









### Fixed Mindset vs. Growth Mindset

Based on the work of Dr. Carol Dweck

I believe that my [Intelligence, Personality, Character] is inherent and static. Locked-down or fixed. My potential is determined at birth. It doesn't change.

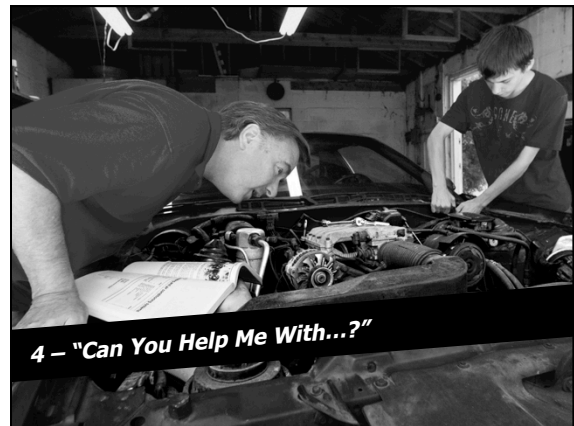
I believe that my [Intelligence, Personality, Character] can be continuously developed. My true potential is unknown and unknowable.

**Fixed Mindset**

- Avoid failure
- Desire to Look smart
- Avoids challenges
- Stick to what they know
- Feedback and criticism is personal
- They don't change or improve

**Growth Mindset**

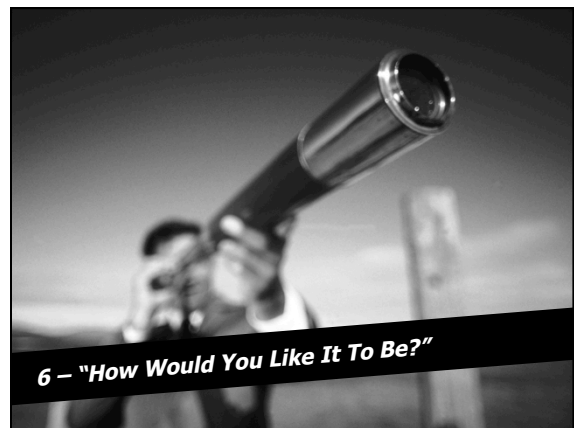
- Desire continuous learning
- Confront uncertainties.
- Embracing challenges
- Not afraid to fail
- Put lots of effort to learn
- Feedback is about current capabilities

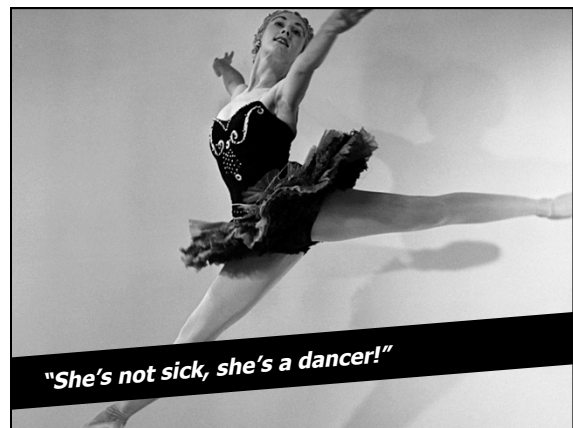
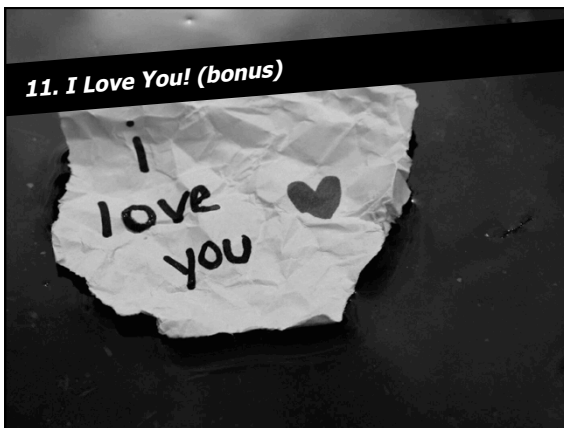


### The illusion...

...of free choice.

**5 – "Would You Rather..."**





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