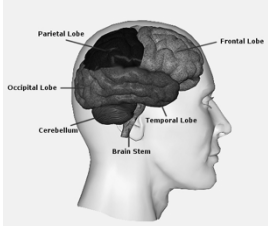
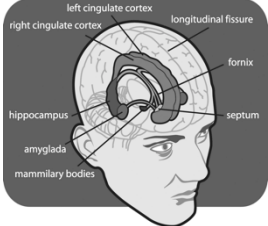


Brain Stem + Cerebellum



- Blood Pressure
- Heart Rate
- Body Temperature
- Movement
- Motor Skills
- Sleep


Limbic System



- Emotional System
- Long-term memory
- Sensory Perception
- Hormone Secretion
- Motor Function

Frontal Lobe / Pre-Frontal Cortex

Last part of the brain to come online



- Decision Making
- Planning Ahead
- Impulse Control
- Reasoning
- Logic
- Risk Assessment

Increased Risk Taking
 Greater Emotional Reactivity
 Forgetful
 Disorganised
 Poor Decision Making
 Short Attention Span
 Failure to Follow Through

***"Ferrari With A Monkey
 At The Wheel"***

Adolescent Challenges

***"Everyone Is Doing The Best They Can
 With The Resources They Have
 Available To Them"***

Acceptance Without Judgement



8 Key Pillars Of Empowered Leadership

