

**Order Of Development**

1. Basic Life Sustaining Functions
2. Emotional Control Centres
3. Cognitive Control Centres

**Brain Stem + Cerebellum**

- Blood Pressure
- Heart Rate
- Body Temperature
- Movement
- Motor Skills
- Sleep

**Limbic System**

- Emotional System
- Long-term memory
- Sensory Perception
- Hormone Secretion
- Motor Function

**Frontal Lobe / Pre-Frontal Coretex**

Last part of the brain to come online

- Decision Making
- Planning Ahead
- Impulse Control
- Reasoning
- Logic
- Risk Assessment

Increased Risk Taking  
Greater Emotional Reactivity  
Forgetful  
Disorganised  
Poor Decision Making  
Short Attention Span  
Failure to Follow Through

*"Ferrari With A Monkey  
At The Wheel"*

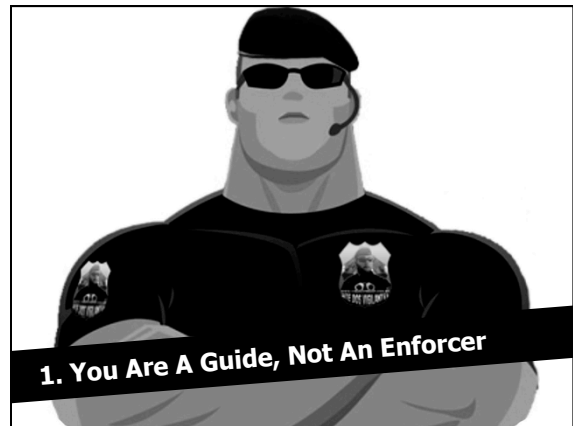
**Adolescent Challenges**

*"Everyone Is Doing The Best They Can  
With The Resources They Have  
Available To Them"*

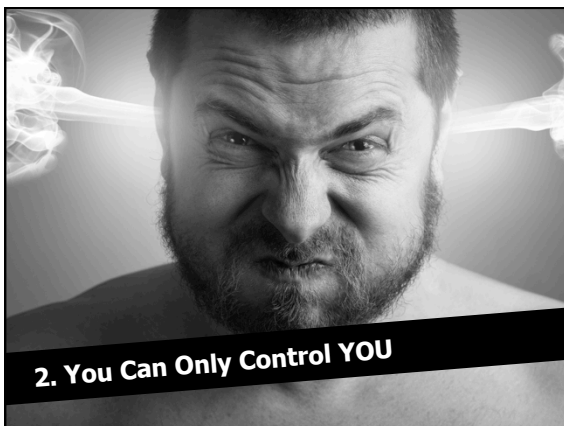
**Acceptance Without Judgement**



**8 Key Pillars Of Positive Influence**



**1. You Are A Guide, Not An Enforcer**



**2. You Can Only Control YOU**



**3. Relationship Is #1 Priority**

